



Learning Goals for Mentees

Objective: As part of deciding to seek a mentor, mentees need to outline the learning goals they want to achieve through mentoring.

1. Ask Yourself These Questions:

- What do I need to achieve current and future career goals?
- What are the trends in my PTK track and how will the trends effect skills and competencies I may need to develop?
- What professional and functional skills do I need?
- What experiences do I need to have? Examples could include learning about teaching course design and evaluation, understanding funding agencies for research, acquiring cross-functional knowledge, gaining program / project management or leadership experience.
- What work effectiveness skills do I need? Examples could include: managing conflict, understanding student needs, communication, collaboration across disciplines, team building.
- What ideas, goals and metrics are in my individual professional and career development plan?
- What work needs to be done to support goals in my units/college/institution?
- What current challenges, problems or opportunities do I need to address?
- What information have I received from performance reviews, or other feedback that could become a learning goal?

2. Mentees: Identify 3-5 learning goals by leveraging multiple resources:

- Professional development discussion from your performance review
- Discussion with your supervisor on difficult topics
- Work-Life Integration
- Self-Assessment

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