

Self-Reflection for the Mentor

Self Reflection: Turning Closure into Learning

What did I learn from this experience? What skills and information did I gain from this pairing and this relationship? How would I summarize the experience?

What have I learned about myself?

What worked well? What could I have done differently or better?

My mentoring gifts and strengths:

How will I apply what I learned? What are some specific steps I can implement?